



9th Annual New Balance/Marathon Sports LAST CHANCE TO QUALIFY
INVITATIONAL
SATURDAY, May 18, 2013

Sponsored By: Notre Dame Academy

Sanctioned by: MIAA

LOCATION: 1073 Main St Hingham, MA 02043

DIRECTIONS: Rt 3 South, to Exit 14, [Rt 228], take a left at the bottom of the ramp, go straight, cross over Rt 53, NDA is on the left hand side-see the blue sign, if you pass the church, you went to far!

Athlete Limitations: 2 Running 1 Field or 2 Field 1 Running Event- Schools may enter more than 1 relay team! Awards: Top 6

Entry Fees: \$15 per event/\$25 per relay or \$175 maximum per single sex team. i.e.

1 boys team/1 girls team = \$350 Make Checks/PO's payable & mail to: Notre Dame Academy Athletic Dept
Checks only, NO Purchase orders will be accepted.

Field Events: 9:00am Start

Boys Long Jump, then Girls to follow, 7 to the Finals **Max 2 per school**

Girls Triple Jump, then Boys to follow, 7 to the Finals **Max 2 per School**

Boys Discus, then Girls to follow, 7 to the Finals

Girls Shot Put, then Boys to follow, 7 to the Finals

Boys High Jump[5'4"], the Girls [4'5"] to follow

Girls Javelin, then Boys to follow, 7 to the Finals

Pole Vault –Girls[7'0"], then Boys[9'06"] Opening

Running Events: Fully Automated Timing-Fastest to Slowest

9:30 am Girls 400 Meter Hurdles-Finals

Boys 400 Meter Hurdles-Finals

Girls Two Mile, followed by the Boys

100 Meter Hurdles Trials/110 Meter Hurdles Trials-8 Fastest Times to the Finals

Girls/Boys 100 Meter Dash-Trials-8 Fastest to the Finals

Girls One Mile-Finals

Boys One Mile-Finals

Girls 400 Meter-Finals

Boys 400 Meter-Finals

Girls 800 Meter-Finals

Boys 800 Meter-Finals

Girls 200 Meter Dash-Finals

Boys 200 Meter Dash-Finals

Boys 110 Meter Hurdles-Finals

Girls 100 Meter Hurdles-Finals

Girls 100 Meter Dash-Finals

Boys 100 Meter Dash-Finals

Girls 4 x 800 Meter Relay/Boys 4 x 800 Meter Relay-Finals

Girls 4 x 100 Meter Relay/Boys 4 x 100 Meter Relay-Finals

Girls 4 x 400 Meter Relay/Boys 4 x 400 Meter Relay-Finals

ENTRY DEADLINE: MAY 16, 2013 on www.directathletics.com

Mail To: Rick Kates c/o Notre Dame Academy 1073 Main Street Hingham, MA 02043

No team will be allowed to compete unless PO or Check has been issued

TEAM BUSES WILL PARK AT HINGHAM MIDDLE SCHOOL!-Directions will be give by staff upon arrival.They will be allowed to park back on campus at the start of the relays

Questions: EMAIL rkates@ndahingham.com or 781-706-3340